

# Deployment Prep Workshop

The Deployment Preparedness Workshop occurs 90 to 120 days prior to a unit's deployment.

It is not a requirement, but is encouraged for families, support persons and Service Members to attend. The event's main focus is team building and for the families and support persons of the deploying unit to network between themselves and the presenters and vendors present.

Topics covered are Introduction to Military One Source, Financial Preparation, Military Life Consultants, Yellow Ribbon Program, Family Programs, FACs, "My Life in a Box" and overseas communication tools to use.

